



LEE FAIR SHARE

# NEWSLETTER

November 2017

## VINTAGE TEA PARTY AGM



Lee Fair Share's 2017 Vintage Tea Party with AGM was held on 9th October. Thank you to all who attended and helped. Reports were presented by Alison Maggs, Danny Mott and Lorraine Spenceley. Lee Fair Share would like to welcome Carey Ellis to the Board.

## TALK BY BRITISH LUNG FOUNDATION

**Monday 20th<sup>th</sup> November**  
1.45 p.m.

**Lee Green Community Centre**

Approximately **one in five people** in the UK has developed asthma, COPD (chronic obstructive pulmonary disease) or another long-term respiratory illness. Half of them are currently on treatment (mainly inhalers) for lung disease.

Lung diseases are responsible for **more than 700,000 hospital admissions** and over **6 million inpatient bed-days** in the UK each year.

About 10,000 people in the UK are **newly diagnosed** with a lung disease every week.

## TALK: STAYING SAFE on PUBLIC TRANSPORT

Monday 13<sup>th</sup> November  
1.45 p.m.

Lee Green Community Centre

David Sexton from Roads and Transport Policing Command will be at Coffee, Cake and Company to discuss the following topics:

People's experiences on the road network in Lewisham Borough.

People's experiences on the bus network.

Being safe and free from crime when in your homes, or when the home is unoccupied.

Being safe when walking the streets.

Do people perceive crime to be an issue on the Borough?

## MEMORIAL SERVICES

The Community is invited to attend a small memorial service at Hither Green Station on Sunday 5<sup>th</sup> November 2017 at 12.30 p.m. This is to commemorate the 50<sup>th</sup> Anniversary of the Train Crash which occurred on the evening of November 5<sup>th</sup> 1967

There will also a full memorial service at St Mildred's Church. Lee on 5<sup>th</sup> November 2017 at a 3 p.m.

## THURSDAY MEET UP – 23<sup>rd</sup> November

The next Thursday meet up will be on 23<sup>rd</sup> November at 7.30 pm. We will be meeting at **The Edmund Halley**, Leegate. Everybody buys their own drinks. All are welcome.

## SHERRY, CAKE & COMPANY

Monday 11th December 2017  
1.30 p.m

Lee Green Community Centre

All welcome to join the Coffee, Cake and Company group for a Christmas sherry and mince pie. A dish or a bottle would be greatly appreciated.

**There will be no Coffee, Cake and Company on  
18th and 25th December 2017 OR  
1<sup>st</sup> January 2018**

## APPLE JAM

With apples donated from Lisa's garden and Mark's garden several pots of apple jam have been made by a Lee Fair Share member. The apple jam is for sale to raise fund for next year's trip. Small pot £1.50, Large pot £2.00

## MAKING A DIFFERENCE: CELEBRATING LEE GREEN'S VOLUNTEERS' WORK

*Lochaber Hall on Saturday 11 November at 7.30pm*

Local groups are celebrating their volunteers and the work they do with a big Get-Together at Lochaber Hall on Saturday 11 November at 7.30pm. Up to 200 residents of Lee Green who help out across a dozen community groups have been invited for a buffet-style meal, at which they can meet others, have fun and find out from each other what they like most about their work and how they might do even better with more support. It's being organised by twelve local community groups who have joined together to form Lee Green Consortium. They decided to honour their members who provide hours of help with no tangible reward to support an activity, service or amenity on behalf of residents, whether it's a health programme, local park, library or community centre. Highlight of the evening may well turn out to be the Grand Raffle, with lucky winners going for a free meal or other service from local businesses. Spice of Life, Luciano's, Archibald's, Pistachio's with free offers for two, while Shorter (formerly Graham Webb) with a free haircut... are among those offering prizes and other goodies include a House of Commons bottle of whisky.

*"Volunteers by their efforts do so much to support and bring the community together, often without much by way of recognition,"*

says Shirley Kirkland of Lee Green Lives, who run the community centre in Leegate and who is coordinating the event. "This celebration of their work, we hope, will be a small token of our appreciation while also providing them with a chance to make new friends and share experiences." It's open to all who volunteer in Lee Green, including LFS members, but please let Lorraine Spenceley know if you are coming OR RSVP to **Shirley Kirkland** so numbers can be catered for accurately. Her details are: **lgrnlives01@gmail.com; or telephone 020 7998 1004**. The groups involved in the event are: Friends of Manor House Gardens, Lee Green Lives, Lee Manor Society, Users & Friends of Manor House Library, Friends & Users of Staplehurst Shops (FUSS), **Lee Fair Share Time Bank**, Lee Forum, Lee Green Open Studios, Lee Green Women's Institute, Lee Manor Community Garden, Lochaber Hall Association, Manor House Library, Manor Park Users' Group and Café, Newstead Tenants & Residents Association, Soul Refresh Café.

## NEW MEMBERS

Lee Fair Share welcomes Pamela O'Hara  
Simone Riddle

## SKILLS OFFERED, SKILLS WANTED

Many years ago the NHS facilitated the expert patient programme. The idea behind the programme was that people suffering from a condition were often the best people to go to for advice on managing the condition. A Lee Fair Share member sought Advice on an eye condition and another Lee Fair Share was able to answer her questions regarding eye drops.

Time Credit exchanges can be advice as well as skills and time

What skills do you have? What skills do you want?

## FUSS CHRISTMAS FAIR

**PLEASE DONATE AN HOUR OF YOUR TIME AND AN ITEM FOR THE STALL**

**Saturday 2nd December  
12 noon – 5 p.m.**

**Staplehurst Rd,  
SE13 5ND**

Last year the money raised by the LFS tombola stall helped pay for two mini buses for our members' trip to Broadstairs along with many other things not covered by Lee Fair Share's diminishing funds – hire of venues for social events and activities, materials for crafts, refreshments at Coffee, Cake and Company and very importantly public liability insurance.

Donations for the tombola - bottles, tins, biscuits, chocolates, toiletries would be appreciated. If every member of Lee Fair Share gave a little donation, even a tin of baked beans or a can of coke there would be a wonderful spread of prizes for our stall.

Volunteers are needed to run the stall; an hour of your time would be really appreciated. If you wish to donate or volunteer please contact Lorraine. Donations can be dropped off at Lee Green Community Centre marked for the attention of Lorraine.

## TIME TICKERS WALKING GROUP THURSDAY AFTERNOON WALK

**Meet at 2 pm**

**Lee Green Community Centre**



Join us for a Thursday afternoon walk to Blackheath and Greenwich – all welcome.

## COFFEE and CRAFT

Every Monday 2 – 3 pm  
(or after talks)

**Lee Green Community Centre, Leegate Centre**

6<sup>th</sup> November Christmas Cards - Send Christmas greetings with a handmade card

13<sup>th</sup> November Christmas Decorations - Make personal decorations for the tree

20<sup>th</sup> November Christmas Stockings - Homemade Christmas stocking to fill with goodies

27<sup>th</sup> Christmas Crackers - Make your Christmas go with a BANG!

4<sup>th</sup> December Jewellery - Handmade jewellery make very special gifts!

## NEW MEMBERS

Lee Fair Share welcomes Pamela O'Hara and Simone Riddle

## SKILLS OFFERED, SKILLS WANTED

Many years ago the NHS facilitated the expert patient programme. The idea behind the programme was that people suffering from a condition were often the best people to go to for advice on managing the condition. A Lee Fair Share member sought Advice on an eye condition and another Lee Fair Share was able to answer her questions regarding eye drops.

Time Credit exchanges can be advice as well as skills and time

What skills do you have? What skills do you want?

## REPAIR, RECYCLE, REUSE

Officially, goods cannot be exchanged for Time Credits. But in the spirit of time banking, in which the community uses its skills, time and resources for the benefit of the community, this section is for articles wanted and unwanted, recycling tips and how to repair items. What would you like to recycle?

## DATES at a GLANCE

Every Monday 1.30 – 3 pm

**Coffee, Cake & Company:**  
**Lee Green Community Centre, Leegate Centre**

Every Monday 2 – 3 pm

**Coffee & Craft:**  
**Lee Green Community Centre, Leegate Centre**

Every Thursday afternoon  
2 pm

**Time Tickers Walking Group, Greenwich Walk:**  
**Meet at Lee Green Community Centre**

## November 2017

Monday 6<sup>th</sup> November  
2 – 3 pm

**Send Christmas greetings with a handmade card**  
**Lee Green Community Centre, Leegate Centre**

Saturday 11<sup>th</sup> November  
7.30 p.m

**Lee Green Volunteer Get- Together**  
**Lochaber Hall**

Monday 13<sup>th</sup> November  
1.45 p.m.

**Talk by Lewisham Safer Transport Team**  
**Lee Green Community Centre, Leegate Centre**

Monday 13th November  
After talk

**Make personal decorations for the tree**  
**Lee Green Community Centre, Leegate Centre**

Monday 20th November  
1.45 p.m.

**Talk by British Lung Foundation**  
**Lee Green Community Centre, Leegate Centre**

Monday 20th November  
After talk

**Homemade Christmas stocking to fill with goodies**  
**Lee Green Community Centre, Leegate Centre**

Tuesday 21st November  
7.30 pm

**Book Club**  
**“Precious Bane” by Mary Webb**

Thursday 23<sup>rd</sup> November  
7.30 pm

**Thursday Meet Up**  
**The Edmund Halley, Leegate**

Monday 27th November  
2 – 3 pm

**Christmas Crackers Make your Christmas go with a BANG**  
**Lee Green Community Centre, Leegate Centre**

## December 2017

Saturday 2nd December  
12 noon – 5 pm

**FUSS Christmas Fair**  
**Staplehurst Road, SE13 5ND**

Monday 4<sup>th</sup> December  
2 – 3 pm

Handmade jewellery is so much more special for those last minute gifts  
**Lee Green Community Centre, Leegate Centre**

Friday 8<sup>th</sup> December  
7.30 pm

**Book Club**

Monday 11th December  
1.30 pm

**Sherry, Cake & Company:**  
**Lee Green Community Centre, Leegate Centre**

**There will be no Coffee, Cake and Company on  
18<sup>th</sup> and 25th December 2016 OR 1st January 2017**

**LFS now has a Facebook page.** Facebook members can see our events and invite friends to attend. Have a look. **Go to:**  
**<https://www.facebook.com/LeeFairShare/>**



THE  
**MERCERS'**  
COMPANY



Lorraine Spenceley – Lee Fair Share Coordinator  
c/o Lee Green Community Centre, Unit 3, Leegate, London SE12 8SS

07875 082571 [leefairshare@hotmail.com](mailto:leefairshare@hotmail.com) <http://www.leefairshare.org>

